

# Want to help improve mental health support?

## YOUR VOICE MATTERS!



### OPEN TO ALL!

Share your views, experiences and ideas at our  
**Discussion workshop**

Wednesday 21 May (11am – 12.30 pm)

Tell us: What services work well and what needs to be improved?

How can we prevent mental health problems at the earliest stage?

Who struggles the most to access services and how can we reach them?

No need to BOOK just turn up, refreshments provided.

More info email [Shaff@know-wonder.org](mailto:Shaff@know-wonder.org)

Venue: Brickworks Community Centre, 42 Crouch Hill, N4 4BY

