

# HEALTH & WELLBEING DAY

Come and join us in Finsbury Park  
and explore free support services!

**THURSDAY 5TH JUNE 2025**  
**1:00PM - 6:00PM**



**Free  
Wellbeing  
Support**



**Talk &  
Connect  
with others**



**Refreshments  
provided**

**FIND US AT THE LIDL GATE ENTRANCE  
TO FINSBURY PARK**

**Information about Women's Wellbeing  
Services at Finsbury Park Trust,  
225-229 Seven Sisters Rd N4 2DA**

**Haringey**  
LONDON

**Finsbury Park Trust**  
Supporting and responding to community need

  
ISLINGTON FAITHS FORUM

**hackney** #Fairer Society  
CVS

  
PositiveEast

 **ISLINGTON**  
For a more equal future

  
MUSLIM  
WELFARE  
HOUSE

In partnership with  
 **Hackney**