

Let's Talk

Monthly meetings

Islington
ageUK

Let's Talk Peer Event Health & Wellbeing and Celebrating Black History Month

Thursday 24 October
10.30am to 3pm

St. Mary's Church, Upper Street,
N1 2TX (wheelchair accessible)

Contact Age UK
Islington Helpline:

020 7281 6018

letstalk@ageukislington.org.uk

Booking
essential!

What's happening

- **10.15am** - Arrive and enjoy refreshments, snacks, and black artist music videos.
- **10.30am** - Housekeeping & updates from Shamin Noronha, Age UK Islington.
- **10.40am** - NHS UCLH and Islington Nurses & GP Federation introducing Covid-19 and Flu Vaccinations pop-up clinic and Health Checks stall.
- **11am** - Introducing new future changes to Let's Talk events - Ismail Bahriyeli, Head of Service - Carers and Community, Age UK Islington.
- **11.15am** - Community Safety: Scam and Theft PowerPoint presentation - PC Thomas Ripley, Metropolitan Police.
- **11.45am** - Energy Advice Service presentation - Shine London.
- **12.15pm** - Enjoy hot Caribbean & African cuisine and music videos.
- **1.15pm** - Celebrating Black History Month, Reclaiming Narratives: special guests sharing poetry and life stories.
- **2pm** - Richard Hadfield (Winner of Britain's Got Talent) performing live, celebrating British and International Black Artists.

