

Let's Talk

Monthly meetings

Islington
ageUK

Let's Talk Peer Event

Thursday 22 August 2024

10.30am - 2pm

NEW venue: St. Mary's Church, Upper Street, N1 2TX (wheelchair accessible)

Let's Talk is relaxed, social, informative and an opportunity to share your views. As well as sharing the latest information and guidance and local services this month, we'll be getting musical with Co align (photos below).

Contact Age UK
Islington Helpline:

020 7281 6018

letstalk@ageukislington.org.uk

Booking
essential!

What's happening

- **10.15am** - Arrive and enjoy refreshments, snacks, and music videos.
- **10.20am** - Housekeeping & updates from Shamin Noronha, Age UK Islington.
- **10.30am** - Displaced: A Community Opera. Co align invites you to participate in an Opera singing workshop celebrating football, the birth of Arsenal & the community.
- **11.30am** - Talk one-to-one with Co align members.
- **11.45am** - Kevin Farrell - Better Lives offering free and confidential support to Islington residents as well as their families and carers.
- **12pm** - Updates from the Information & Advice Team.
- **12.15pm** - Break for hot lunch and enjoy music videos.
- **1.30pm** - Get one to one advice from Age UK Islington I&A Team on general welfare benefits, debt management, housing issues, etc.

