

Do you know the signs of dementia?

Around 1,500 people in Islington live with dementia.

Our **free Dementia Friends sessions** can help you understand more about the signs and symptoms of dementia. You will also get tips on making a difference to the lives of people affected by dementia.

Dementia Friends is an Alzheimer's Society initiative that aims to change the way we think, act and talk about dementia.



Tuesday 12 March, 10 – 11am
Islington North Library, Manor Gardens, N7 6JX

Tuesday 9 April, 2 – 3.30pm
Islington Cat and Mouse Library, 277 Camden Road, N7 0JN

Wednesday 15 May, 10 – 11.30am
Islington Central Library, 2 Fieldway Crescent, N5 1PF



**Booking is encouraged,
but not essential.**

Scan the QR code to book or visit
www.bit.ly/dementiafriends2024
and find out more via Eventbrite.



ISLINGTON
= For a more equal future