

Finsbury Winter Warmers Programme

15 January 2024 – 8 March 2024

All events
are free, with
refreshments
provided.



Please visit our website to book events in
advance [islington.gov.uk/WinterWarmers](https://www.islington.gov.uk/WinterWarmers)



ISLINGTON
For a more equal future

Finsbury Winter Warmers returns with an exciting 8-week programme featuring 27 events across 10 venues.

Monday 15th January

1.00–3.00pm

Decoupage Papercraft



The Peel Institute,
Northampton Rd, EC1R 0HU

Create your own beautiful trinket dish with decoupage, a technique that transforms objects with just paper and glue. **Please book in advance, numbers strictly limited.**

Thursday 18th January

11.30–2.30pm

Fermentation Workshop with The Fermentarium



The Peel Institute,
Northampton Rd, EC1R 0HU

Sample and make refreshing fermented soft drinks including fruit kvass and water kefir. **Please book in advance, numbers strictly limited.**

Tuesday 16th January

10.30–12.00pm

History Audio Tour of St James Clerkenwell



St James Clerkenwell,
Sekforde St, EC1R 0EA

Learn about historic Saint James Clerkenwell. Please bring a smartphone or tablet, headphones preferred. Assistance available, refreshments provided. **Drop in. No need to book.**

Friday 19th January

10.30–1.00pm

Tour of the Charterhouse



The Charterhouse,
Charterhouse Sq,
EC1M 6AN

Discover the historic Charterhouse, a home to monks, martyrs, plotters, schoolboys, and since 1611, a community of older people. **Please book in advance, numbers strictly limited.**

Saturday 20th January
2.00–4.00pm
The Angels of Kaos Choir

 Islington Museum,
below-ground entrance,
245 St John St, EC1V 4NB

Join the Angels of Kaos for an eclectic set list of guaranteed crowd pleasers from folk to funk and lots in between!

Drop in. No need to book.

Monday 22nd January
2.00–4.00pm
Tour of the Marx Memorial Library

 Marx Memorial Library,
37A Clerkenwell Grn,
EC1R 0DU


Visit the Marx Memorial Library with an opportunity to see our unique fresco, the room where Lenin worked in exile, and a special display on Lenin in Britain, marking the centenary of Lenin's death. **Drop in. No need to book.**

Wednesday 24th January
6.30–8.30pm
Cook and Eat!

 The Peel Institute,
Northampton Rd, EC1R 0HU

Make a warming soup and soda bread in this fun, practical workshop. No cooking skills required. **Please book in advance, numbers strictly limited.**

Saturday 27th January
11.30–12.15pm or 12.45–1.30pm
Magic show with Magic Marco

 Three Corners
Playground, Northampton
Rd, EC1R 0HU


Prepare to be amazed as famous close-up magician, Magic Marco, performs his extraordinary magic tricks. All children to be accompanied by an adult. **Drop in event but numbers limited.**

Monday 29th January
1.00–3.15pm
Introduction to Mindfulness with Healthy Generations

 The Peel Institute,
Northampton Rd, EC1R 0HU

Practising mindfulness has been shown to reduce stress and anxiety, improve memory and support sleep. **Please book in advance, numbers strictly limited.**

Tuesday 30th January
2.00–4.00pm
Family History Starter Session

 London Metropolitan
Archives, 40 Northampton
Rd, EC1R 0HB

Interested in researching your family history? Join us for this beginner's session to learn how to use London Metropolitan Archives to get started. **Please book in advance**

Thursday 1st February
10.30 -12.00pm
Tour of the Museum of the Order of St John – ‘From Priory to Pub’

 Museum of the Order of St John, St John’s Gate, 26 St John’s Lane, ECM 4DA

Join Museum staff for a warm drink followed by an informal tour of the Tudor gatehouse to discover some of its many uses. (Tour includes several staircases.) **Drop in, no need to book.**

Tuesday 6th February
1.00-2.30pm
Collage Caricatures

 The Peel Institute, Northampton Rd, EC1R 0HU

Join the Quentin Blake Centre for Illustration to learn how to create your own caricature using a range of different drawing techniques and cut and paste layers of expression. **Please book in advance, numbers strictly limited.**

Thursday 8 February
11.00-12.00pm
Introduction to Pilates with Healthy Generations

 Islington Museum, below-ground entrance, 245 St John St, EC1V 4NB

We will go through the ABCs of Pilates (Alignment, Breathing and Centring) and put them into practice through exercise. **Drop in, no need to book.**

Saturday 10 February
2.00-4.00pm
Maddy Carty

 Islington Museum, below-ground entrance, 245 St John St, EC1V 4NB

Soulful singer songwriter performing her own music and some popular songs you might recognise. **Drop in, no need to book.**

Tuesday 13 February
10.00-10.50am
or 11.00-11.50am
Dance at Sadlers Wells

 Sadlers Wells, Rosebery Ave, London, EC1R 4TN


Always wanted to dance at Sadlers Wells? Then join us for a dance workshop to get your energy flowing. Please wear comfortable clothes and shoes to take part. 18+ **Please book in advance, numbers strictly limited.**

Wednesday 14th February
6.00–8.00pm
Volunteer to Uncover
Clerkenwell's Stories – Open
evening with coffee and cake

 Marx Memorial Library,
37A Clerkenwell Grn,
London EC1R 0DU

Are you interested in local history? Would you enjoy doing archive research or you like to be involved in an oral history project? Then why not join Islington Heritage, the Marx Memorial Library, The Peel Institute and Voluntary Action Islington to find out about some exciting new volunteering opportunities. **Drop in. No need to book.**

Thursday 15th February
1.00–2.00pm
Arthur Abbott and the
Clerkenwell Explosion of 1867

 London Metropolitan
Archives, 40 Northampton
Rd, EC1R 0HB

Historian Mark Aston talks about this infamous event through the life of five-year-old victim Arthur Abbott. **Please book in advance.**

Monday 19th February
11.00–1.00pm
Easy Steps to Wellbeing

 Islington Museum,
below-ground entrance,
245 St John St, EC1V 4NB

This workshop will provide you with a range of practical tools to use in your daily life to help you feel calmer, happier and more focused. Please wear comfortable clothes and bring a bottle of water and pen and paper. **Drop in, no need to book.**

Wednesday 21st February
6.30–8.30pm
Cook and Eat!

 The Peel Institute,
Northampton Rd, EC1R 0HU

Make a delicious veggie curry to feed the family in this fun, practical workshop. No cooking skills required. **Please book in advance, numbers strictly limited.**

Saturday 24th February
12.00–3.00pm
Family Fireside Day at Three
Corners Playground

 Three Corners Playground,
Northampton Rd, EC1R 0HU

Gather round our toasty fire in the heart of Clerkenwell and enjoy fun activities, creative workshops and tasty food. Children of all ages welcome but must be accompanied by an adult. **Drop in, no need to book.**

Tuesday 27th February

1.00–2.00pm

Massage, Stretch & Shake

 The Peel Institute,
Northampton Rd, EC1R 0HU

Di Cooke from BodyWork will teach you how to give yourself a really effective neck and shoulder massage using essential oils. Incorporating some stretches too, this will be a fun, interactive session that will leave you feeling great.

Please book in advance, numbers strictly limited.

Wednesday 28th February

12.00–3.00pm

Paper Flower Making Workshop

 The Peel Institute,
Northampton Rd, EC1R 0HU

Learn to create beautiful paper flowers with Leo Flowers and hear a talk on Islington's Flower Girls from Islington Heritage.

Please book in advance, numbers strictly limited.

Friday 1st March

7.30–9.30pm

Lucinda Sieger and friends

 The Betsey Trotwood,
56 Farringdon Rd, EC1R 3BL

Join singer songwriter Lucinda Sieger and friends for a fabulous evening of live music to lift your spirits. **Drop in, no need to book.**

Tuesday 5th March

11.00–12.00pm

Dance Fitness with Healthy Generations

 Islington Museum,
below-ground entrance,
245 St John St, EC1V 4NB


“Dance Fitness” is an exercise to music class with easy-to-follow dance moves that everyone can get involved in regardless of age, fitness and coordination. No dance experience required – bring water, wear loose comfy clothing and go for it!

Drop in, no need to book.

Thursday 7th March

1.00–2.00pm

Louis Wain: The Man Behind the Cats

 London Metropolitan
Archives, 40 Northampton
Rd, EC1R 0HB

Clerkenwell born artist Louis Wain (1860 – 1939) was known for his humorous drawings of cats. Amy Moffat from Bethlem Museum of the Mind will talk about his family's influence on his work, his time receiving treatment at Bethlem Royal Hospital and the myth behind the kaleidoscope cats. **Please book in advance.**

Friday 8th March
11.30–12.30pm
A day of events in celebration
of International Women’s Day
Islington Guided Walks

 (Meeting point on sign-up link)

Discover how Islington women created first-class ballet and opera, won the vote, and transformed public gardens.
Spaces limited. Please book in advance.

Followed by Coffee and Cake
at Islington Museum
12.30–1.00pm

1.00–2.00pm
Ordinary Objects,
Extraordinary Lives

 Islington Museum,
below-ground entrance,
245 St John St, EC1V 4NB

Join Islington Museum’s Curator for an exploration into the women of our collections.

Please book in advance,
numbers strictly limited.

With thanks to:



IslingtonMuseum



Museum of
THE ORDER OF
ST JOHN



Quentin Blake Centre
for Illustration



Cover artwork created by Year 5 pupils, Hugh Myddelton Primary School



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