



Advice First Aid

Developing advice knowledge in local communities

Advice First Aid is:

- **Free training** to help you support people with **benefits, housing, debt and cost of living problems**
- **Introductory level** training for staff and volunteers in **community organisations and faith groups**
- Delivered by Citizens Advice

By the end of the training you will know how to:

- Spot advice issues and ask the right questions
- Find trusted sources of information and support
- Take steps to help people experiencing hardship and signpost or refer for advice

After the one day training, you will be able to access **free online short courses** on benefits, housing, employment rights and other issues.

People who have attended Advice First Aid training told us:

"Advice First Aid expanded my knowledge and made me more confident in helping people"

"I learnt where to find a lot of useful information"

"It was great to meet people from other organisations in the borough and from Citizens Advice"

The next Advice First Aid session will be

On **Friday 6th October**

9.45am - 4pm

At Brickworks Community Centre

42 Crouch Hill, Finsbury Park, London N4 4BY

We will also be running the session on Monday 27th November

Use this link to register: <https://forms.gle/RzFbPXmXa9jgLE718>

contact annabel.kennedy@cawandsworth.org if you have any questions

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MAYOR OF LONDON