



# Summer Timetable



### Drop ins

If you have a question, need some information, advice or guidance you can speak to an Outreach Support Practitioner at one of our Bright Futures drop in sessions.

### Employment Support Surgeries

Speak to our Employment Coach for advice around benefits, courses and positive activities towards entering employment and volunteering. She can refer you to other services for ongoing support if you wish.

### Education Drop-In

The Bright Futures Early Help team has an Education Support Practitioner on hand every Wednesday to offer support regarding your child's schooling & education.

### Islamic Centre Family Support Surgery

Support for families who live in Islington who have children 0-19, running in collaboration with Bright Start. These are "drop-in" surgeries, with no need to book in advance.

### Finsbury Park Mosque Drop-Ins

Bright Futures provides a drop-in on the 3<sup>rd</sup> Friday of each month at Finsbury Park Mosque, for families with children aged 5-19 years providing information and support.

### Youth Outreach

Islington has a number of Youth Centres offering constructive activities for Islington's Young People. Play and Youth Practitioners are available to provide information, advice and guidance as well as signposting. Check out your local Youth Centre for more information;

[Find Your Islington | Platform Youth Hub](#)

[Find Your Islington | The Zone Youth Club](#)

[Find Your Islington | Lift Youth Hub](#)

### Adventure Playground Outreach

A Play and Youth Practitioner will be available to offer information, advice and guidance, signposting and more!

[Find Your Islington | Islington Play Association](#)  
[Awesome Adventure Play Adventure play, your way](#)

### Afghan and Ukrainian Support Groups

Bright Futures and LIFT youth hub have created support groups for Afghan and Ukrainian young people between 8 and 14 years of age. We provide the space; however, the young people are in charge of this – they are free to talk and be creative. Resources such as Art and Games are provided for the young people to use in the sessions.

## **What we can help with**

Bright Futures is for families living in Islington with children aged 5-19, or up to 25 years for those with Special Educational Needs and Disabilities. We know that being a parent is not always easy and that all families need extra help at some stage as children grow up. This might be because your housing situation is difficult or you are hoping to get into work or training. A relationship may have broken down or someone close to you has gone to prison. Your teenager's behaviour might be challenging at home or at school. You may have growing debts or you may be at risk of losing your home.



# North

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 24 <sup>th</sup> – 28 <sup>th</sup> July	Bright Futures drop in- Archway Library 3- 4.30pm	Bright Futures drop in- Brickworks Community Centre 12– 1:30pm  Play and Youth Outreach Timbuktu Adventure Playground 3- 5pm	<b>0-8s Outdoor Stay and Play (with Bright Start)</b> Paradise Park 2- 4pm  Bright Futures drop in- Hilldrop Community Centre 2- 4pm  Youth Outreach- The Zone Youth Hub 4- 6pm	Forest School (taster session with Bright Start) Caledonian Park 10-11.30am  Play and Youth Outreach Cape Adventure Playground 3- 6pm	London Transport Museum 11am (Booking required)
<b>Week 2</b> 31 <sup>st</sup> July – 4 <sup>th</sup> August		Bright Futures drop in- Brickworks Community Centre 12– 1:30pm  Bright Futures drop in- Hornsey Lane Children's Centre 2.30– 4pm  Play and Youth Outreach Platform Youth Hub 4- 7.30pm	Bright Futures Bright Futures drop in Andover Community Centre 10am to 11.30am  <b>0-8s Outdoor Stay and Play (with Bright Start)</b> Paradise Park 2pm to 4pm  Bright Futures drop in- Hilldrop Community Centre 2- 4pm  Youth Outreach- The Zone Youth Hub 4- 6pm	Forest School (taster session with Bright Start) Caledonian Park 10- 11.30am  Youth Outreach Andover Community Centre Youth Hub 4.30– 7.30pm	
<b>Week 3</b> 7 <sup>th</sup> –11 <sup>th</sup> August	Bright Futures drop in- Archway Library 3- .30pm	Bright Futures drop in- Brickworks Community Centre 12– 1:30pm  Play and Youth Outreach Timbuktu Adventure Playground 3- 5pm	<b>0-8s Outdoor Stay and Play (with Bright Start)</b> Paradise Park 2- 4pm  Bright Futures drop in- Hilldrop Community Centre 2- 4pm  Youth Outreach The Zone Youth Hub 4- 6pm	Forest School (taster session with Bright Start) Caledonian Park 10- 11.30am  Play and Youth Outreach Cape Adventure Playground 3- 6pm	London Transport Museum 11am (Booking required)

# North

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 4</b> 14 <sup>th</sup> – 18 <sup>th</sup> August		<p>Bright Futures drop in- Brickworks Community Centre 12– 1:30pm</p> <p>Bright Futures drop in- Hornsey Lane Children’s Centre 2.30-4pm</p>	<p>0-8s Outdoor Stay and Play (with Bright Start) Paradise Park 2- 4pm</p> <p>Bright Futures drop in- Andover Community Centre 10am to 11.30am</p> <p>Bright Futures drop in- Hilldrop Community Centre 2- 4pm</p> <p>Youth Outreach The Zone Youth Hub 4- 6pm</p>	<p>Forest School (taster session with Bright Start) Caledonian Park 10- 11.30am</p> <p>Youth Outreach Andover Community Centre Youth Hub 4.30– 7.30pm</p>	
<b>Week 5</b> 21 <sup>st</sup> – 25 <sup>th</sup> August	Bright Futures drop in- Archway Library 3pm to 4.30pm	<p>Bright Futures drop in- Brickworks Community Centre 12– 1:30pm</p> <p>Play and Youth Outreach Timbuktu Adventure Playground 3- 5pm</p>	<p>0-8s Outdoor Stay and Play (with Bright Start) Paradise Park 2- 4pm</p> <p>Bright Futures drop in- Hilldrop Community Centre 2- 4pm</p> <p>Youth Outreach The Zone Youth Hub 4- 6pm</p>	<p>Forest School (taster session with Bright Start) Caledonian Park 10- 11.30am</p> <p>Play and Youth Outreach Cape Adventure Playground 3pm to 6pm</p>	London Transport Museum 11am (Booking required)
<b>Week 6</b> 28 <sup>th</sup> August – 1 <sup>st</sup> September	<b>Bank Holiday</b>	<p>Bright Futures drop in- Brickworks Community Centre 12– 1:30pm</p> <p>Play and Youth Outreach Platform Youth Hub 4- 7.30pm</p>	<p>Bright Futures drop in- Andover Community Centre 10am to 11.30am</p> <p>Bright Futures drop in- Hilldrop Community Centre 2- 4pm</p> <p>Youth Outreach The Zone Youth Hub 4- 6pm</p>	<p>Forest School (taster session with Bright Start) Caledonian Park 10- 11.30am</p> <p>Youth Outreach Andover Community Centre Youth Hub 4.30– 7.30pm</p>	

# Central

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 24 <sup>th</sup> – 28 <sup>th</sup> July	Bright Futures drop in- Rose Bowl Community Centre 10am-12pm	Bright Futures drop in- Elizabeth House Community Centre 12pm-1pm	Education support drop In 222 Upper Street 10am-12pm (Transitions primary- secondary)	Bright Futures drop in- Mildmay Youth Club @ Com- munity Centre 3.30- 5.15pm.  Youth Outreach King Henry Adventure Play- ground 11am– 1.30pm	Family Wildlife Picnic 11am-1pm Highbury Bandstand Wildlife Garden, N5 1QL
<b>Week 2</b> 31 <sup>st</sup> July – 4 <sup>th</sup> August		Bright Futures drop in- Mildmay Library 3.30- 5pm  Bright Futures drop in- The Arc Centre 5.30- 6.30pm	Education support drop In 222 Upper Street 10am-12pm (EHCP plans/support)  Bright Futures drop in- The People’s Army Christchurch 12.30- 2.30pm		Bright Futures drop in- Mildmay Community Centre 11.30am- 1pm
<b>Week 3</b> 7 <sup>th</sup> – 11 <sup>th</sup> August		Bright Futures drop in- Elizabeth House Community Centre 12- 1pm	Education support drop In 222 Upper Street 10am- 12pm (Attendance)	Bright Futures drop in- Mildmay Youth Club @ Com- munity Centre 3.30pm- 5.15pm.	
<b>Week 4</b> 14 <sup>th</sup> – 18 <sup>th</sup> August	Bright Futures drop in- Rose Bowl Community Centre 10am- 12pm	Bright Futures drop in- The Arc Centre 12.30pm- 1.30pm	Education support drop In 222 Upper Street 10am- 12pm (What’s next – post GCSE & A- Level plans)  Family Kitchen & Forest School- Ecology Centre 10pm-2pm  Bright Futures drop in- The People’s Army Christchurch 12.30pm-2.30pm	Bright Futures drop in- Mildmay Library 3.30- 5.30pm  Youth Outreach King Henry Adventure Play- ground 11am– 1.30pm	Bright Futures drop in- Mildmay Community Centre 11.30am- 1pm  Bright Futures drop in- Finsbury Park Mosque 2.45- 4pm

# Central

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 5</b> <b>21<sup>st</sup> – 25<sup>th</sup> August</b>		Bright Futures drop in- Elizabeth House Community Centre 12pm- 1pm	Education support drop in 222 Upper Street 10am- 12pm (FSM, SU & Routines)  Nature Bright Futures drop in@ Ecology Centre 2pm-3pm	Bright Futures drop in- Mildmay Youth Club @ Com- munity Centre 3.30- 5.15pm  <b>Youth Outreach</b> King Henry Adventure Play- ground 11am– 1.30pm	
<b>Week 6</b> <b>28<sup>th</sup> August – 1<sup>st</sup> September</b>	<b>Bank Holiday</b>		Family Kitchen & Forest School Ecology Centre 10pm-2pm	<b>Youth Outreach</b> King Henry Adventure Play- ground 10.30am– 12pm	Bright Futures drop in- Mildmay Community Centre 11.30am- 1pm

# South

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 24 <sup>th</sup> – 28 <sup>th</sup> July	<p>Bright Futures drop-in Finsbury Library 10am- 12pm</p> <p>0-8s Outdoor Stay and Play (with Bright Start) King's Square 10- 12pm</p> <p>Arsenal Stadium Tour 11am <b>(Booking required)</b> <u>Available for all families in Islington</u></p>	<p>0-8s Outdoor Stay and Play (with Bright Start) Barnard Park 10- 12pm</p>		<p>0-8s Outdoor Stay and Play (with Bright Start) Barnard Park 2– 4pm</p> <p><b>Youth Outreach</b> Barnard Adventure Play- ground 2.30– 5pm</p>	<p>Wonderlab with The Science Museum. Tickets available throughout August, various dates- 7- 14 years <b>(Booking required)</b> <u>Available for all families in Islington</u></p> <p><b>Youth Outreach</b> Lumpy Hill Adventure Play- ground 11am– 1.30pm Three Corners Adventure Playground 2.30– 5pm</p>
<b>Week 2</b> 31 <sup>st</sup> July – 4 <sup>th</sup> August	<p>Bright Futures drop in- Finsbury Library 10am- 12pm</p> <p>0-8s Outdoor Stay and Play (with Bright Start) King's Square 10- 12pm</p> <p><b>Youth Outreach</b> Waterside Adventure Play- ground 11am– 1.30pm</p>	<p>Sports and crafts group for Ukrainian families King's Square Community Centre 12.30- 2.30pm</p> <p><b>Youth Outreach</b> Crumbles Castle Adventure Playground 10.30am– 12pm Toffee Park Adventure Play- ground 2.30– 5pm</p>	<p>International play day– Activities on through the day Paradise Park</p>		
<b>Week 3</b> 7 <sup>th</sup> – 11 <sup>th</sup> August	<p>Bright Futures drop in- Finsbury Library 10am- 12pm</p> <p>0-8s Outdoor Stay and Play (with Bright Start) King's Square 10- 12pm</p>	<p>0-8s Outdoor Stay and Play (with Bright Start) Barnard Park 10- 12pm</p>	<p>Family Kitchen/Forest school -Kings Square Community Centre and Gardens 10am- 1pm</p>	<p>0-8s Outdoor Stay and Play (with Bright Start) Barnard Park 2– 4pm</p>	
<b>Week 4</b> 14 <sup>th</sup> – 18 <sup>th</sup> August	<p>Bright Futures drop in- Finsbury Library 10am- 12pm</p> <p>0-8s Outdoor Stay and Play (with Bright Start) King's Square 10- 12pm</p>		<p>Family Kitchen/Forest school GilesPie Park Ecology centre 10- 1pm</p> <p><b>Sunday 20th August</b> Animal exhibition at the British Library 1.30- 3pm <b>(Booking required)</b> Age 6+ <u>Available for all families in</u></p>	<p>Sports activities – for Afghan families Barnard Park 12.30- 2.30pm</p> <p><b>Youth Outreach</b> Barnard Adventure Play- ground 2.30– 5pm</p>	<p>British Library event- Jean Stokes Community Centre 10- 12.30pm Aged 5- 8 years <b>(Booking required)</b></p> <p><b>Youth Outreach</b> Lumpy Hill Adventure Play- ground 11am– 1.30pm Three Corners Adventure Playground 2.30– 5pm</p>



# South

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 5</b> <b>21<sup>st</sup> – 25<sup>th</sup> August</b>	Bright Futures drop in- Finsbury Library 10am- 12pm  Cooking activity (for Afghan families) The LIFT Youth (TBC) 12.30-4pm  0-8s Outdoor Stay and Play (with Bright Start) King's Square 10- 12pm	<b>Youth Outreach</b> Crumbles Castle Adventure Playground 10.30am– 12pm Toffee Park Adventure Playground 2.30– 5pm	<b>Family Kitchen with Forest School Jean Stokes Community Centre 10am- 1pm</b>  <b>Youth Outreach</b> Waterside Adventure Playground 11am– 1.30pm The LIFT Youth Hub 2.30– 5pm	<b>Youth Outreach</b> Barnard Adventure Playground 2.30– 5pm	<b>Youth Outreach</b> Lumpy Hill Adventure Playground 11am– 1.30pm Three Corners Adventure Playground 2.30– 5pm
<b>Week 6</b> <b>28<sup>th</sup> August – 1<sup>st</sup> September</b>	<b>Bank Holiday</b>	<b>Youth Outreach</b> Crumbles Castle Adventure Playground 10.30am– 12pm Toffee Park Adventure Playground 2.30– 5pm	<b>Family Kitchen with Forest school- Gilespie Park Ecology centre 10am -1pm</b>  <b>Youth Outreach</b> Waterside Adventure Playground 11am– 1.30pm The LIFT Youth Hub 2.30– 5pm	Sports and crafts activities for Afghan families Spa Green 12.30-2.30pm  <b>Youth Outreach</b> Three Corners Adventure Playground 2.30– 5pm	<b>Youth Outreach</b> Lumpy Hill Adventure Playground 11am– 1.30pm Barnard Adventure Playground 2.30– 5pm



### **Contact our Helpline**

If you need advice, support or signposting or would like to make a self-referral to Bright futures, contact our helpline on 020 7527 4343 9am to 5pm Monday to Friday or email [Early.Help@islington.gov.uk](mailto:Early.Help@islington.gov.uk)

### **Booking onto events**

Please contact [Early.Help@islington.gov.uk](mailto:Early.Help@islington.gov.uk) if you would like to book onto one of our workshops

### **Family Information Service, FIS**

If you need support finding fun activities for your child or information about services to support you, contact the Family Information Service on; 020 7527 5959 [fis@islington.gov.uk](mailto:fis@islington.gov.uk) [www.islington.gov.uk/fis](http://www.islington.gov.uk/fis)

### **School Drop-in Support Surgeries**

Please speak to your child's school if you would like to access one of our In-School support surgeries.

### **Parenting Programmes**

There are a range of parenting programmes on offer that cover different ages and different situations. For more information speak to a member of staff or visit: [Find Your Islington | Parenting Programmes in Islington](#)

### **Half Term Activities**

We also offer additional activities during the half-terms, to keep up to date with what is going on in your area sign up to the Bright Futures Newsletter, or access information through school drop-in surgeries.

### **Parent Champions**

Did you know there are opportunities to volunteer with Bright Futures as a Parent Champion? Parent Champions are volunteers who spend a few hours a week linking with local parents to share information about courses and Early Help services.

For more information contact Hannah Brewer [hannah.brewer@islington.gov.uk](mailto:hannah.brewer@islington.gov.uk) or call our Helpline and leave a message.