

Food Support in Islington

Monday

Margins Project at Union Chapel
Drop-in session for people facing homelessness
Hot food takeaway
11:00am-1:00pm
19B Compton Terrace
N1 2UN

The Ringcross Community Foodbank
N7 8RH
Food parcels, meals and essential items
12pm to 4pm
Open to residents of Holloway, Laycock and Caledonian Wards (proof of address needed), as well as people who are sleeping rough
02077002498

Tuesday

St Luke's Food Hub 1:30-3:30pm
for EC1 residents, by appointment
0207549 8181 / info@slpt.org.uk / EC1V 8AJ

Brickworks Community Centre Drop-in for food parcels 12pm-3pm. 42 Crouch Hill N4 4BY
colin.adams@hanleycrouch.org.uk / 0207 263 1067
On other days, can provide emergency food bags (subject to availability)

Elizabeth House
Pop-up food store, £3
For residents in: N4 2, N4 3, N5 1, N5 2, N7 7
Register: 02076901300
info@elizabeth-house.org.uk

Hilldrop Community Centre N7 0JE
12:15 - 2pm
Free hot lunch for residents of N7 and local Hilldrop Estates

Hornsey Lane Community Centre
Giving out surplus food every Tuesday, 2:30-4:30pm at Hornsey Lane N19 3YJ
020 7272 5938

Wednesday

FoodCycle Islington
Free hot meal, 1pm
New River Baptist Church,
N1 2TL. No need to book!

Manor Gardens Centre
9 Manor Gardens, N7 6LA
10:45am-12pm
Food co-op. Take what you need for £3

The Hive Foodbank
6.30-8.30pm
020 7916 2710
hivefoodbank@gmail.com

Margins Project, Union Chapel
Drop-in session
11:00am-1:00pm

The Ringcross Community Foodbank
12pm to 4pm

Mildmay Centre N16 8NA
Winter Warmer meal
Food served 12:30-1:30pm

Thursday

Copenhagen Street Foodbank
N1 0SR
Weekly foodbank
1pm-3:30pm. Fresh food and non-perishable items.
02078378378
copenhagenstreetfoodbank@gmail.com

Mildmay Community Centre
Woodville road N16 8NA
Community Cook-up
Free shared meal (donations welcome)
Cooking activity: 9.30am - 12.30pm
Food served: 12.30pm - 1.30pm

Friday

Mildmay Community Centre
N16 8NA
Weekly food co-op for residents of Mildmay ward - £1 per person in household. Register: mildmaycp@gmail.com
020 7249 8286
If you don't have access to a phone or email, feel free to go to the centre Fridays 11.30am - 1.30pm

St Mary's Church & The Hive Foodbank
3.30-6pm. N19 3AD
Cook Together Drop-In
Learn to make cheap, easy & tasty meals. All ingredients provided

The Ringcross Community Foodbank
12pm to 4pm

Andover Surplus Food project
Andover Community Centre, N7 7RY. 1:30pm
Residents of Finsbury Park Ward. Free - choose 5 items
020 7272 3493
andovercc@islington.gov.uk

Weekends

Choices CiC - African Caribbean Cultural Food Co-op
Pay a membership fee of £5 in return for £20 - £25 worth of Afro-Caribbean foods
First Saturday of every month at 2pm
Caxton House N19 3RQ
If you are on low or no income, please contact us about joining:
info@choiceslondoncic.com

FoodCycle Finsbury Park
Free 3 course vegetarian meal
Saturdays 1pm onwards
Community Hub, Corker Walk, N7 7RY
No need to book!



Other services:

Bags of Taste: **free, mentored at-home cooking course** to make low-cost, nutritious meals. Ingredients provided for free and delivered to your house. Open to all Islington residents. islington@bagssoftaste.org // 07986042458

Hornsey Lane community centre: **Free Lunch Clubs for people over 55**
Thursdays 12-2 New Orleans Hall, New Orleans Estate N19 3TH. **Saturdays**, 12-4 at Hornsey Lane Estate Community Centre N19 3YJ

St Luke's Community Centre, EC1V 8AJ:
Over 55s Lunch Club for Islington residents offering low cost freshly cooked lunches on-site 90 Central St, EC1V 8AJ. Monday to Friday 12-2pm

Elizabeth House Community Centre N5 1ED:
Blue House Club (**over 50s club**). Every Wednesday. Chair Yoga 11am, free hot lunch at 12pm, followed by an activity



Join or start a food co-op!

Food co-ops are groups of neighbours who buy food together to save money and support each others' needs. By joining or starting a food co-op, you could save up to 40% on your weekly groceries. To find out more and for guides and resources on how to start a co-op, visit: <https://cooperation.town/>

Find your nearest food co-op by contacting co-operation town here: <https://cooperation.town/contact/>
Cooperate Girdlestone: Girdlestone Community centre, 11am-2pm Wednesdays. Open to new members!

Please note, this is not a comprehensive list of all food support available in Islington.
For more information, visit: www.islingtonfoodpartnership.org.uk

Healthy Start Vouchers

Get support to buy milk or food. Payments are loaded onto a prepaid card to be used in shops. Open to women/people at least 10 weeks pregnant or families with a child under four years and receiving:

- Universal credit with total earned income of £408 or less (after tax) per month for the family
- Child tax Credit with a family income no more than £16,190 per year
- Income support
- Income-based jobseeker's allowance
- Pension Credit
- Income-related Employment and Support Allowance (for pregnant people only)
- Pregnant and under 18



Complete application online: www.healthystart.nhs.uk/how-to-apply/

Bright start Islington

A range of services **supporting under 5's and their families** across Islington. For more information call: 020 7527 5959
www.islington.gov.uk/children-and-families/childrens-centres-and-under-5s

