

*"The warmth, you can feel it as soon as you walk through the door.
The people in there are amazing, they rebuilt me."*

About James' Place

James' Place exists to save the lives of men in suicidal crisis. The charity was set up by Clare Milford Haven and Nick Wentworth-Stanley in 2008 after their twenty-one-year-old son, James, died by suicide ten days after a minor operation. James had no history of mental illness or depression and had sought urgent help for anxiety and suicidal thoughts, but didn't find it.

James' Place makes the experience of finding help as easy as possible. It offers men who are experiencing a suicidal crisis a brief, intensive, therapeutic intervention in a safe environment. Men who walk through the door at James' Place will be in a space where they feel valued and respected.

The first James' Place opened in June 2018 in Liverpool, the first of its kind in the UK. Our second James' Place centre opened in London in 2022 in Bunhill Row near Old Street. We have to date supported more than 800 men experiencing suicidal crisis, delivering over 2,000 therapy sessions using an innovative and safe therapeutic intervention.

We believe suicide is an avoidable death and have created a place where men in a suicidal crisis can access support, advice and help. We provide a safe therapeutic environment in which men are cared for and respected by a team of specially trained therapists and staff. Our mission is to help men aged 18+ who are in crisis, by providing quick and free access to non-residential therapy and support. We offer an individualised person-centred intervention to men experiencing a suicidal crisis.

We have had two independent academic evaluations carried out and published in October 2020 and November 2021. Central to this evaluation is the use of the Core Outcome model, which is a validated tool to assess and measure psychological distress. Our findings demonstrate that all men who took part experienced a clinically and statistically significant positive change as a result of James' Place's intervention, with an average drop of 50 points on the scale from moderate/severe to mild.

James' Place is a registered charity and almost all of our funding comes from voluntary donations given by charitable trusts, companies and individual supporters.



