Holloway Neighbourhood Group's



IN-TOUGH



A friendly phone chat support service

FROM US TO YOU

Encouraging you to stay active and busy

Help you find other services that may be useful

Lifting spirits by providing contact to isolated people

Would you benefit from a friendly chat?

Have you found yourself isolated by the recent lockdown?

We can offer you telephone contact - helping to provide encouragement, a friendly ear and to stay connected during this time.

For information, please contact us @



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Foundation



Delivered by Holloway Neighbourhood Group. A registered charity providing opportunities to bring communities together in Holloway.

We run two ventures, the Stress Project therapy centre, specialising in mental health and wellbeing, and the Old Fire Station, a multipurpose community centre.

